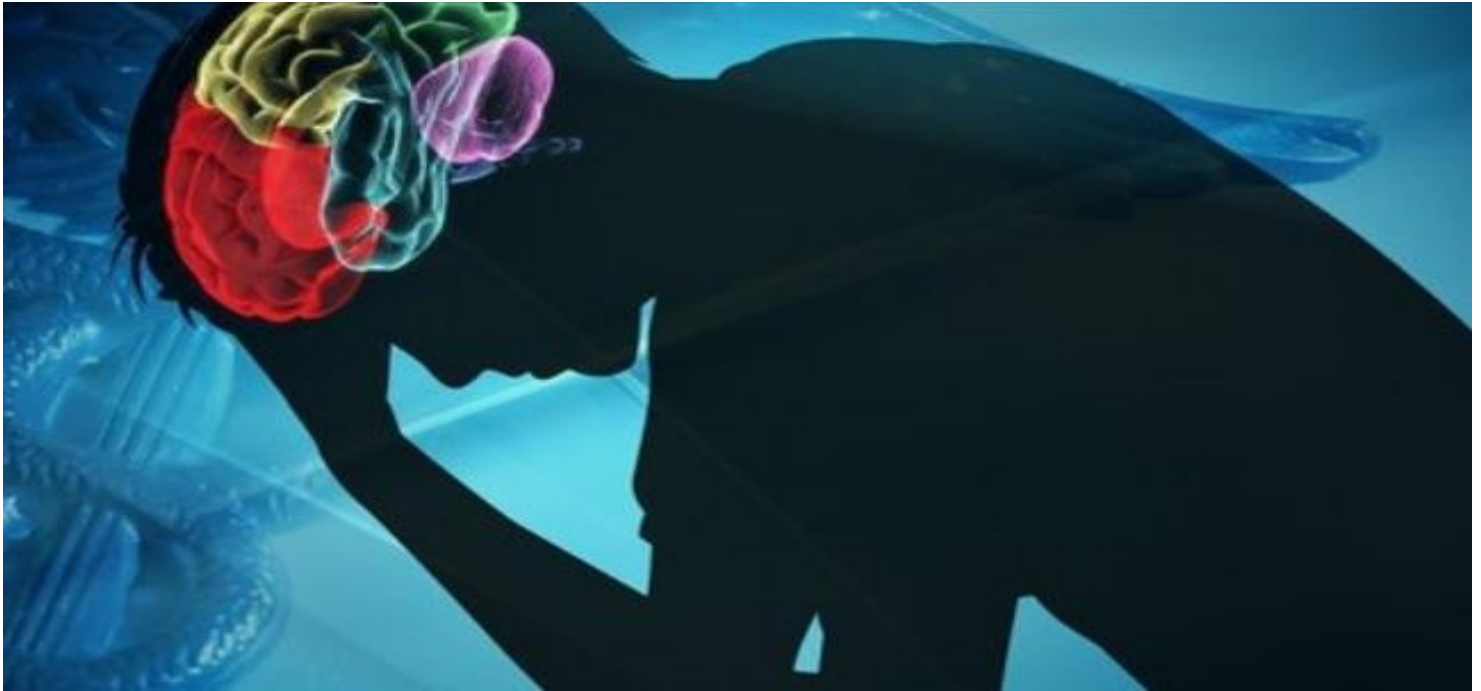


# PARENT & GUARDIAN RESOURCE NIGHT - PART II

**November 2, 2017, 5:30 - 7:30 p.m. Appetizers from 5:30-6:00 p.m.**  
**Rocklin Event Center, 2650 Sunset Blvd., Rocklin, CA 95677**

[Click here to RSVP](#) – Space is Limited

## Increasing My Child's Wellness & Resiliency: Stress and Substance Use Awareness in Student Mental Wellness



### WHAT WILL PARENTS LEARN?

- ❖ Learn local trends, signs and symptoms of youth substance use
- ❖ Increase awareness of the risks of substance use and student mental health
- ❖ Further understand the connection between stress and substance use
- ❖ Acquire knowledge for increasing resiliency in our youth and community

### FACILITATORS:

- ❖ Mike Mason, Parent, Program Manager of Outreach & Education - Kids First
- ❖ Alicia Rozum, Coordinator, Prevention Supports & Services - Placer County Office of Education
- ❖ Ariel Lovett, Deputy Director - Community Recovery Resources (CoRR)
- ❖ Nancy Taylor, LMFT - Community Recovery Resources (CoRR)
- ❖ Christina Ivazes, MPH, CHES, CCPS, Director - Coalition for Placer Youth

